

Credentialing Resources for Dietitians in SC

Jeremy Ponds, MS, RDN, LD, IFNCP
Nutrition Services Payment Specialist
SC Academy of Nutrition & Dietetics

Credentialing Barriers

1. **Motivation** – you may not see the benefit of it or have a desire to use insurance for nutrition services
2. **Knowledge** – you may not feel comfortable about the process or even know how to begin!
3. **Resources** – ready but not aware of where to go to get started



Business Resources

- Business Information:
 - **SC Small Business Resources:**
<https://www.scbos.sc.gov/business-support/business-resources>
 - **“Making Nutrition Your Business” by Ann Silver and Lisa Stollman** - \$50 either text or e-book available:
<https://www.eatrightstore.org/product-type/books/making-nutrition-your-business-building-a-successful-private-practice-second-edition>
 - **MNT Works Toolkit** – A resource for thinking through marketing your services and pathways to help do that:
<https://www.eatrightpro.org/career/payment/medical-nutrition-therapy/mntworks-toolkit>

General Credentialing Resources

- **AND Power of Payment Videos:**
 - Basics of Insurance:
<https://www.eatrightpro.org/career/payment/power-of-payment-videos/health-insurance-basics>
 - Understanding CPT codes:
<https://www.eatrightpro.org/career/payment/power-of-payment-videos/introduction-to-cpt-codes>
 - ICD-10 Codes:
<https://www.eatrightpro.org/career/payment/power-of-payment-videos/introduction-to-cpt-codes>
 - Credentialing & Claims:
<https://www.eatrightpro.org/career/payment/power-of-payment-videos/claims-credentialing-superbill>
 - NPI: <https://www.eatrightpro.org/career/payment/power-of-payment-videos/national-provider-identifier>
- **CAQH (National Provider Database):**
<https://proview.caqh.org/>

AND Guide To Billing & Credentialing



- AND has provided a full, downloadable PDF guide that outlines essentially all of the steps in the credentialing process: <https://www.eatrightpro.org/career/payment/coding-and-billing/rdns-complete-guide-credentialing-billing>

Medicare Resources

- **Medicare Overview:**
<https://www.eatrightpro.org/career/payment/medicare>
- **Becoming a Medicare Provider:**
<https://www.eatrightpro.org/career/payment/medicare/becoming-a-medicare-provider>
- **Medicare Provider Enrollment (PECOS):**
<https://www.cms.gov/medicare/enrollment-renewal/providers-suppliers/medicare-enrollment-providers-suppliers/introducing-pecos-20>
- **CMS 855I PDF Application:**



Medicaid Resources

- **Medicaid Overview:**
<https://www.eatrightpro.org/career/payment/medicaid>
- **Medicaid Managed Care Organizations:**
<https://www.eatrightpro.org/career/payment/medicaid/medicaid-managed-care-programs>
- **SC Medicaid Nutrition Policy:**
<https://www.scdhhs.gov/communications/nutritional-counseling-services-benefits-update>
- **SC Medicaid Provider Enrollment:**
<https://www.scdhhs.gov/providers/become-provider>



Commercial Payer Resources

- Overview:

<https://www.eatrightpro.org/career/payment/private-insurance/private-insurance-credentialing>

- Cigna:



- Aetna:



- United Health care



Commercial Payer Resources

- **Tricare:**



- **Ambetter:**



- **Molina:**



- **Healthy
Blue:**



Post-Credentialing Resources



- Coding & Billing Handbook:
<https://www.eatrightpro.org/career/payment/coding-and-billing/coding-billing-handbook>

Questions/Comments