

ERIN L. SEPRISH, MBA, RDN, LD

Charleston, SC

PROFESSIONAL SUMMARY

- Experience providing nutrition guidance and education to patients, staff, clients, and the community with the ability to work well with physicians, nursing, ancillary staff, and community partners
- Proven ability to creatively problem-solve, work independently with minimal supervision, and make decisions while working within a self-directed and team-oriented work environment
- Experience serving as a preceptor for dietetic interns with excellent leadership, coaching, and mentoring abilities
- Strong verbal, written, and interpersonal communication skills with the ability to interact with a wide variety of individuals and groups in diverse populations
- Outstanding time management and organizational skills
- Self-starter with the ability to work effectively both individually and as a team player

EDUCATION

Medical University of South Carolina, Charleston, SC | 2019

- *Dietetic Internship*

Charleston Southern University, Charleston, SC | 2016

- *Master of Business Administration – Leadership*

Winthrop University, Rock Hill, SC | 2013

- *Bachelor of Science – Human Nutrition*

LICENSURES AND CERTIFICATIONS

- *Registered Dietitian/Nutritionist with Commission on Dietetic Registration (#86155067)*
- *Licensed Dietitian with South Carolina Panel for Dietetics (#2003)*
- *Lean Six Sigma for Services Green Belt Certification | 2024 – Present*
- *Lean Six Sigma for Services Yellow Belt Certification | 2022 – Present*
- *ServSafe Manager Certification | 2013 – 2021*
- *Individual Development Nutrition Training Food Service Manager | 2013 – 2021*

EXPERIENCE

Sodexo, Clinical Nutrition Informatics Team, Charleston, SC | December 2021 – Present

Senior Manager, Area Support – Clinical

- Assist individual healthcare sites across the nation with implementing and upgrading HealthTouch patient meal ordering software including implementing Sodexo's National Patient Menu, IDDSI guidelines, etc.
- Work with interdisciplinary teams on projects including hospital Project Managers, IS, onsite Sodexo management, and MCR Technologies to ensure seamless go-lives for patient dining implementations
- Modify and program patient menu databases based on identified service model, regional preferences, diets, allergens, and site requests with fine attention to detail
- Support Sodexo's operational teams and Nutrition Leadership Team with healthcare openings and upgrades
- Generate HealthTouch quotes to propose new business and current facility upgrades
- Project manage HealthTouch software exits from healthcare facilities

The Nutrition Core, LLC, Charleston, SC | September 2024 – Present

Registered Dietitian Nutritionist

- Providing individualized nutrition counseling to adults and adolescents specializing in disordered eating, eating disorders, intuitive eating and GLP-1 nutrition

Nutrition Rites, LLC, Charleston, SC | January 2020 – March 2023

Registered Dietitian Nutritionist

- Providing individualized nutrition counseling to adults and adolescents specializing in Medical Nutrition Therapy, Health at Every Size, Intuitive Eating, weight management, and disordered eating practices including anorexia recovery, bulimia, binge eating disorder, and emotional eating

Sodexo, Shawn Jenkins Children's Hospital & Pearl Tourville Women's Pavilion, Charleston, SC | October 2019 – December 2021

Operations Manager II

- Planned and executed the opening of the new Children's and Women's hospital providing foodservice operations to patient feeding and retail spaces
- Assisting in the development of Sodexo's National Pediatric Patient Menu
- Developing adult patient room service menu to be implemented across MUSC campus
- Programming the meal ordering software, HealthTouch, with new pediatric and adult menus to interface with Epic, the hospital's electronic medical record software including implementing the new At Your Request app
- Managing operations for all areas of foodservice including At Your Request Room Service for 250-bed facility, production operations, and Sodexo's new wellness retail concept, Eat Well café and bakery
- Leading Patient Satisfaction Team meetings and aiding campus Patient Service teams
- Subject Matter Expert for Patient Services and on-site technology integration of MCR Technologies equipment and programs

Pediatric Nutrition Management Center, SJCH, Charleston, SC | May – October 2019

Nutrition Management Center Project Manager

- Completed the Infant & Pediatric Feeding Process Management Practicum through Michigan Medicine C.S. Mott Children's Hospital
- Managed operations of pediatric milk room and expanded procedures to encompass the Neonatal Intensive Care Unit in Children's Hospital
- Created policies, procedures, and workflow for Nutrition Management Center (NMC) for expansion to Shawn Jenkins Children's Hospital including fortification and storage of all breast milk, donor milk, formula and tube feedings
- Developed move day plans for a safe, efficient move of all breast milk while maintaining operations in current and new NMC to not disrupt daily operations for patients and nursing

US Schools Cook Project with Dr. Olivia Thompson, Charleston, SC | January 2019 – February 2020

Nutrition Consultant

- Assisted in recipe testing for school recipes presented by School Nutrition Association Magazine
- Provided nutritional analyses for 170+ recipes to be used for US Schools Cook website
- Evaluated and adjusted all recipes to meet USDA equivalent guidelines for grades K-12

Sodexo, Ashley River Tower, Charleston, SC | December 2017 – October 2019

Patient Services Manager II

- Managed operations of all food service at Ashley River Tower including At Your Request Room Service for 150+ patients, production of patient and retail meals, retail operations of the cafeteria, and Starbucks
- Developed zero-base schedules for all employees and Kronos time management Labor Champion
- Programmer for HealthTouch diet/menu ordering system used campus-wide
- Led Patient Satisfaction Team meetings and participated in Patient Safety rounding team

Sodexo, Medical University of South Carolina, Charleston, SC | June 2013 – March 2017 / March – December 2017

Patient Services Manager I / Patient Services Manager II

- Managed the At Your Request Room Service for 700+ patients at University Hospital, Children's Hospital, and the Institute of Psychiatry
- Monitored the ordering, preparing meals, and delivery of the meals to patients by 60+ staff
- Managed and monitored the dietary call center for customer service, professionalism, and accuracy of patient diets/orders
- Created Patient Ambassador Program and managed four Patient Ambassadors campus-wide including patient rounding, service recovery, and use the Service Depot tool
- Monitored and maintained the patient Enteral product
- Worked closely with Registered Dietitians and the Clinical Nutrition Manager to maintain accurate diets for all patients
- Subject Matter Expert for district on Patient Services

PRESENTATIONS AND TEACHING EXPERIENCE

- South Carolina Academy of Nutrition and Dietetics Mentorship Program, Mentor | 2024 – Present
- “Malignant Ascites Secondary to Gastric Cancer,” Medical University of South Carolina | June 2018
- Food Service Rotation Preceptor for MUSC’s Dietetic Internship, 10-week rotation organizing and scheduling interns for rotations of Patient Services, Production, Retail and Research | 2017 – 2021
- Patient Services Preceptor for MUSC’s Dietetic Internship | 2013 – 2017

AWARDS AND HONORS

- Recognized Young Dietitian of the Year, Charleston Trident Dietetic Association | 2020
- Regional Vice President Special Recognition Award Nominee, Sodexo | 2020
- Service – Technical Expertise Award Nominee, Sodexo | 2020
- Medium Employer of the Year 2016, Sodexo, Summerville Mayor’s Committee on Employment of People with Disabilities
- Sodexo Hospitals CARES Award | 2016
- Service – Enhances the Patient/Resident Experience Nominee, Sodexo | 2015
- Special Achievement – Rising Star Nominee, Sodexo | 2015

PROFESSIONAL MEMBERSHIPS AND INVOLVEMENT

- Charleston Trident Dietetic Association | 2018 – Present
 - President | 2020 – 2021
- South Carolina Academy of Nutrition and Dietetics | 2018 – Present
 - Webinar/Continuing Education Chair | 2024 – Present
 - President | 2023 – 2024
 - Public Relations/Media Chair | 2021 – 2022
- Academy of Nutrition and Dietetics | 2018 – Present
 - Leadership Institute, Graduate | 2023
- AND Management in Food and Nutrition Systems Dietetic Practice Group | 2023 – Present
- AND Nutrition Informatics Dietetic Practice Group | 2021 – Present
- Alpha Omega Service Organization Alumni Chapter | 2013 – Present
- MUSC Dietetic Internship Steering Committee | 2018 – 2021