



Nominee Bio Questions

1. Name & credentials: Amy Merwarth RD, LD
2. Current residence (city/town, state): Charleston, SC
3. Education: Bachelor of Science (B.S) in Dietetics with a minor in Health and Wellness (State University of New York College at Oneonta – Oneonta, NY)

Internship: Dietetic Internship (Keene State College – Keene, NH)
4. Present position: Ketogenic Dietitian at the Medical University of South Carolina (MUSC) (Charleston, SC)
5. Previous positions: Clinical Inpatient/Outpatient Dietitian at Upstate University Hospital (Syracuse, NY), Clinical Inpatient/NICU Dietitian at Washington Hospital Center (Washington D.C) and Nutrition Specialist at SHS North America (Nutricia) (Rockville, MD)
6. Professional activities (current): Charleston Trident Dietetic Association (CTDA) Treasurer, Blog and Educational Editor for Keto Hope Foundation and Member of the American Epilepsy Society (AES)
7. Honors and awards: Academy of Nutrition and Dietetics (AND) – Recognized Young Dietitian of the Year Award (RYDY) 2017
8. Certifications: Registered Dietitian (RD)
9. Publications: Poster Session at the 8th Global Symposium on Ketogenic Therapies -2023. Poster Title: Whole Food, Plant-Based Blenderized Ketogenic Formula Improves Total Cholesterol to HDL Cholesterol Ratio (TC:HDL): Two Case Studies.
10. Statement of purpose: I am interested in being the 2025-2026 calendar year SCAND Treasurer/Secretary Elect and on the SCAND Board so I can personally be more involved with the dietetics profession and organization on a state level. During the past 2 years I



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have spent living in the state of South Carolina, I have been actively involved with my local district, the Charleston-Trident Dietetic Association (CTDA).

By being the Treasurer/Secretary Elect for SCAND, I plan on promoting and supporting the dietetics profession by increasing nutrition awareness as well as trying to boost overall membership throughout the districts while helping to plan fun, informative and engaging events while effectively staying within the organizations yearly budget.

I feel I am a good candidate for this position as I am well organized, provide attention to detail, have efficient time management practices as well as good communication skills along with having prior experience in both these roles at the district level.