

Shannon Cottrell, RD, LD

EDUCATION AND CREDENTIALS

COMMISSION ON DIETETIC REGISTRATION
Registered Dietitian

September 2019- Present

SOUTH CAROLINA DEPARTMENT OF LABOR, LICENSING & REGISTRATION
Licensed Dietitian

January 2021- Present

UNIVERSITY OF CALIFORNIA, DAVIS MEDICAL CENTER
SACRAMENTO, CA
Dietetic Intern

August 2018-August 2019

- Completed 1750+ hours of supervised practice at a 625-bed, Level 1 trauma, tertiary academic medical center and affiliated outpatient offices with a concentration in clinical nutrition
- Trained in the utilization of nutrition focused physical exam to diagnosis malnutrition in adult and pediatric populations
- Presented a case study on the impact of volume based enteral nutrition on a critically ill burn patient
- Led journal club discussion on the topic of probiotic use in infants with colic
- Collected and presented data to dietitians and hospital management relating to a quality improvement initiative measuring malnutrition assessment and diagnostic outcomes in adult and pediatric outpatient clinics

CLEMSON UNIVERSITY CLASS OF 2018
B.S. FOOD SCIENCE & HUMAN NUTRITION; CHEMISTRY MINOR
NUTRITION & DIETETICS CONCENTRATION

CLEMSON, SC
SUMMA CUM LAUDE
CALHOUN HONORS COLLEGE

WORK EXPERIENCE

PRISMA HEALTH CHILDREN'S HOSPITAL UPSTATE
Pediatric Clinical Dietitian

GREENVILLE, SC

January 2022- Present

- Primary coverage of 80 bed Level III neonatal ICU (NICU) with cross coverage of pediatric acute care, surgery and hematology/oncology units
- Engaged in multidisciplinary communication with neonatologists, neonatal nurse practitioners, pediatric residents, nursing staff and other practitioners to implement and advocate for infants' nutrition care
- Assist providers in managing neonatal enteral and parenteral orders
- Provides NICU nutrition education monthly to pediatric residents rotating through the NICU along with infant and pediatric nutrition presentations annually with USC School of Medicine Greenville pediatric residents
- Maintains formula mixing instructions and NICU education materials for both families and providers as indicated
- Assists in monitoring PAR levels and calculating orders for specialty nutrition products for NICU (Prolacta and donor breast milk)
- Participated in quality improvement projects within the NICU including feeding protocols, standardized management of osteopenia of prematurity and vitamin D deficiency, and neonatal refeeding syndrome

Therapy360

Pediatric Dietitian

GREENVILLE, SC

January 2024- Present

- Provides in-person or virtual nutrition counseling to children undergoing feeding therapy and pelvic floor therapy
- Experienced in providing nutrition education for the following topics: nutrition for general health and wellness; infant nutrition and feeding (breast, bottle and combination feeding); nutrition management of selective eating; failure to thrive; new/existing food allergies; ulcerative colitis; Crohn's disease; irritable bowel syndrome; home nutrition support (enteral and parenteral); chronic constipation; iron deficiency anemia
- Provides group nutrition classes for families and providers on topics such as nutrition to optimize growth, nutrition for digestive health, infant feeding and the role of a dietitian in a child's nutrition care,

PRISMA HEALTH GREENVILLE MEMORIAL HOSPITAL
Clinical Dietitian

GREENVILLE, SC

January 2021- January 2022

- Employed at an 845-bed, Level 1 trauma center with primary coverage of Neuro ICU and orthopedic-trauma unit
- Engaged daily in multidisciplinary communication with physicians, nursing staff and other clinical practitioners to implement and advocate for individual patient's nutrition care needs
- Managed adult enteral and parenteral nutrition orders of both acute care and critically ill patients through physician "medical nutrition therapy" orders on a daily basis

ASCENSION VIA CHRISTI
Clinical Dietitian

WICHITA, KS

January 2020- December 2020

- Employed at a 600-bed, Level 1 trauma center with primary coverage of two adult surgery and ICU stepdown units, general pediatric and NICU
- Applied medical nutrition therapy, utilizing nutrition focused physical exams and other nutrition assessment criteria in a variety of adult, pediatric and neonate patients
- Provided nutrition care in a Level III NICU, assessing growth, collecting growth data, updating formula mixing instructions and participating in interdisciplinary rounds on a bi-weekly basis
- Collected growth data on neonates to evaluate for extra-uterine growth restriction and developed protocols to implement an Exclusive Human Milk Diet for Very Low Birth Weight infants

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COMMUNITY INVOLVEMENT

PIEDMONT DIETETIC ASSOCIATION (PDA)

Member

GREENVILLE, SC

June 2016- Present

- Previous student member and current professional member
- Current Past President responsible for supporting current President in their responsibilities
- Past President and Mentorship Program Coordinator responsible for supporting fellow board members in their responsibilities, leading monthly virtual board meetings and supporting state level membership committee
- Past Mentorship Program Coordinator responsible for planning and hosting mentorship events, pairing mentees and mentors and providing support and resources to mentees/mentors as needed
- Past Education Chair responsible for planning education events for upstate dietitian community, obtaining sponsors for education events and moderating in-person and virtual education events
- Student Mentor for two Clemson University nutrition students starting in 2022
- Awarded PDA Outstanding Dietetic Student for the 2017-2018 year

SOUTH CAROLINA ACADEMY OF NUTRITION AND DIETETICS (SCAND)

Board Member

June 2023- May 2024

- Voting board member and Membership Committee member as acting district president of PDA
- Attended all-board meetings quarterly and monthly Membership Committee meetings
- Assisted Membership Committee in developing SCAND member/non-member survey, promoting nominated positions and supported fellow district presidents in social, educational and mentorship event ideas
- Assisted SCAND Special Programs Coordinator in developing SCAND statewide mentorship program

NEWSRING CHURCH KIDSPRING

Volunteer

GREENVILLE, SC

July 2022- Present

LIFE.CHURCH LIFEKIDS

Volunteer

WICHITA, KS

December 2019- December 2020

ADDITIONAL SKILLS AND KNOWLEDGE

- Competent in assessment and diagnosis of malnutrition in adult and pediatric patients utilizing ASPEN and GLIM criteria
- Proficient in Microsoft Office and Google Suite applications including Excel, Sheets, Outlook, G-mail, Drive, PowerPoint, Slides and Teams
- Experienced with Epic, Fusion Web Clinic and PowerChart electronic medical record software

PROFESSIONAL ORGANIZATIONS

THE ACADEMY OF NUTRITION AND DIETETICS

May 2015- Present

SOUTH CAROLINA ACADEMY OF NUTRITION AND DIETETICS

May 2015- Present

PIEDMONT DIETETIC ASSOCIATION

June 2016- Present

PEDIATRIC NUTRITION DIETETIC PRACTICE GROUP

May 2019- Present

DIETITIANS IN NUTRITION SUPPORT DIETETIC PRACTICE GROUP

May 2019- May 2021